

My work explores the relationship between structure and emotion. Through abstraction, I use repeated forms and spatial systems to reflect how we organize experience - how we create order to hold memory, connection, and change.

The paintings suggest spaces rather than specific places. They consider how boundaries can offer stability while remaining open, and how patterns mirror the routines and relationships that shape daily life.

At its core, the work is about balance: between control and freedom, permanence and shift, and the ways we build frameworks to both protect ourselves and stay connected.