

My work explores how structure can hold emotion - how boundaries, repetition, and line reflect the quiet intricacies of human relationships. I use abstraction not to obscure meaning, but to excavate it. Within each painting, I negotiate between control and release, allowing carefully plotted lines and grids to coexist with softness, irregularity, and the unexpected.

The formal elements like curved enclosures, layered patterns, hand-drawn marks suggest architecture, textiles, quilting and mapping. But beyond these visual systems, I'm interested in what they represent - the ways we define space around ourselves and others. A line can contain, but it can also protect. A pattern can offer calm but also reveal strain. My paintings are meditations on this tension, between what we build to stay safe and what we allow to remain permeable.

Working often in a muted, tactile palette, I aim to create a language of care, a space where intimacy, imperfection, and rhythm come together. There's a quiet insistence in these works, an invitation to look closer, to slow down, and to sense the hand behind the form. Ultimately, I'm exploring what it means to hold and be held - by systems, by others, and by the frameworks we create to make sense of ourselves.